Eastwood

January 22, 2023 Volume 45 Number 4
Available on-line at www.eastwoodchurchofchrist.org

Ladies Bible Class is adopting the Child Crisis Center for a service project for 2023. We are collecting gently used small luggage, backpacks, carry-ons, or large tote bags. Why, you ask. When children leave the Child Crisis Center or move from one foster home to another, they must take their meager possessions in a trash bag if nothing else is available. We hope to put an end to this demoralizing circumstance for as many children as possible. If you can help, we will appreciate it. If you have questions please contact Teri Dove. 915-822-2419

Family Storytime

Saturday, January 21, 9:30am. 10104 Album, El Paso Texas 79925 Church Fellowship Hall Theme is Snow and Winter. Hope to see you there. Teri Dove



Men to Serve Sunday, January 22 Song Leader: Ray Rivera

Opening Prayer: Alberto Morales Spanish Bob Walker English

Lord's Supper/Contribution: John Banks

Scripture Reading: David Davis



Happy Anniversary

Jan 8, Alberto & Cristina Morales Jan 14, Richard & Denise Boles Jan 26, Israel & Maria Alvarado



Together

What is a Congregation?

When examining the meaning of the word congregation, we start with the original Greek of the New Testament. The Greek work *ekklesia* or *ekklesia* is means "the called out" and is usually translated church, but occasionally as assembly. The word does not refer to a building but to the people assembled or called.

The English word church comes from a Greek term, *kurikon*, which is related to *kurios*, or lord. The phrase *kurikon oidia meant "the Lord's house."* In the Middle Ages, the term was shorten to *kurkon*. It was *kirika* in Germanic and eventually *cirice* in Old English, then *kirk* from the Scots.

The NT uses *ekklesia* in a universal way to refer to all of the saved in Jesus Christ. The terms': body of Jesus, Kingdom of Christ and church of Christ, all speak of the universal church of the saved. In this sense, you are not saved unless you are in the universal church. The NT also uses the word in a local sense as in the phrase the "church in Jerusalem." Let us direct our attention to this meaning.

A local church is a congregation or assembly. An assembly of fellow believers who come together to worship and help one another in our spiritual journey. We are trying to live faithfully every day and it can be difficult. The connection with other believers helps us stay strong for the Lord. As members of the family of God, we are brothers and sisters who help one another.

Heb 10:25 exhorts disciples to "not give up meeting together". We don't assemble to earn points, we assemble to worship God, to help ourselves and others to stay faithful to the Lord Jesus. We also join together to do the work we have been commissioned to do.

Congregation is a group of disciples who have become family as we strive together in our mutual purpose of serving Jesus.

Charles M. Clodfelter

Schedule Services

Sunday

Bible Class - 9:00 A.M Morning Worship - 10:00 A.M. Children's Class 9:00A.M. Wednesday
Bible study 7:00pm
Children's hour
after communion

Our Ladies Tuesday Class Lesson, 10am will be about "Joy In the Morning.".

Thank you Teri Dove 915-822-2419

Care Group

Jan 22, Mike & Teri Dove Jan 29, Junie & Susie Chavez

Happy Birthday

Jan 4, Sharon Armendariz

Jan 5, James Conyers

Jan 5, Carlos Alvarado

Jan 12, Julyet Carrillo

Jan 15, Lillie Wayne

Jan 19, Julie Conyers

Jan 22, Johnnie Roberson,

Jan 24, Samuel Hooper, Jan 28, Mike Fernandez



Christian Schools of El Paso

Please don't forget to bring your unneeded clothes, shoes, blankets and coats to the Big Blue Donation box in the CSEP parking lot. The clothes go to those in need. CSEP benefits from your generosity! 915-593-5011



www.facebook.com/groups/ecocmembers/

Sunday Morning Sermon Speaker - Charles Clodfelter Sermon: There is a God

Scripture: 1 Samuel 17:45-46

Did you speak to our Guests on Sunday? Look for them. www.eastwoodchurchofchrist.org

Reasons I Quit Drinking

While listening to a podcast on spiritual leadership, the speaker stated that he had written an article titled "7 Reasons Why I Stopped Drinking." He clarified that he did not think that drinking was sinful, as is drunkenness. Making the determination to read the article, a search was done and on the first page was a list of ten articles by ten different authors on the same topic.

Some were not alcoholics and some said they were.

The decision was made to compile the reasons from the ten articles and discover the reasons in common.

Not in an order of importance, they are:

Lie #1: Alcohol makes you happy

Lie #2: Alcohol helps you sleep.

Lie #3: A high tolerance is a sign of a healthy liver and/or a genetic advantage.

Lie #4: I'll just have one. Maybe two.

Lie #5: NOT having a reason to NOT drink is a sufficient reason to drink.

Lie #6: There are two types of drinkers: normal and alcoholic.

Lie #7: Quitting drinking means admitting to being an alcoholic.

- 1. Regret Reduction
- 2. Mental Health
- 3. Financial Savings
- 4. Competitive Advantage
- 5. Physical Vigilance
- 6. Spiritual Guidance
- 7. Setting an Example
- 1. Improved concentration and productivity
- 2. Better sleep
- 3. Higher energy levels
- 4. Weight loss
- 5. Better health
- 6. Learning that you don't not need alcohol to have fun
- 7. Saving money
- 1. I was tired of drinking alone
- 2. I'm not around anyone who is a serious drinker
- 3. Where do I go from here?
- 4. Weight loss
- 5. It will improve your memory
- 6. Your body will feel better.
- 7. Better mental health
- 1) Hangovers Were Getting Worse
- 2) Making My Family Feel Worried
- 3) Packing on Some Extra Pounds
- 4) My Self-Esteem Was Crushed
- 5) Anxiety and Depression Were Getting Worse
- 6) I Knew I'd Never Reach My Potential
- 7) Alcohol Stopped Providing Any Benefits
- 1. I Like Money

- 2. I Voluntarily Get Up at 5 am. Even on the Weekends
- 3. I Do Not Enjoy Sundays Sitting on the Couch Binging Netflix
- 4. I Don't Want My "Middle-Aged" to be Age 40
- 5. Healthy Shea Doesn't Eat McDonald's
- 6. I Hate Being Without My Car
- 7. I Would Rather Be the 30%
- 1. I sleep better without alcohol.
- 2. I drank more in social situations because I felt uncomfortable.
- 3. When I was drinking, I was ignoring my core values which made me feel sad and guilty.
- 4. Other people's stories inspired me to examine my relationship with alcohol.
- 5. People's reaction to my not drinking says nothing about me.
- 6. Maybe it doesn't matter what you call it.
- 7. Life is simpler without alcohol.
- 1. It Only Takes One Drink to Lose Control
- 2. Alcohol Makes It Harder to Feel Physical Pain
- 3. Staying Sober Allows You to Avoid a Painful Hangover
- 4. Alcohol Makes It Harder to Fall or Stay Asleep
- 5. Cutting Out Alcohol Improves Your Mental Health
- 6. You'll Notice Changes to Your Physical Appearance.
- 7. The Financial Benefits of Cutting Alcohol Out of Your Life
- 1. To regain control over your life
- 2. To stop wanting more and more
- 3. To feel healthier
- 4. To help your brain work better
- 5. To improve your relationships
- 6. To save money
- 7. To avoid legal consequences
- 1. You'll Save Money
- 2. Say Goodbye to Hangovers
- 3. You Will Have Clearer Skin
- 4. You Can Lose Weight
- 5. Better Sleep
- 6. Be in Control of Your Own Actions
- 7. You Will See Less Health Problems

Most had an expansion of their reasons, some were long. The first mentioned author shared three methods he used to stop drinking.

- 1. Redefine your identity. Think differently of yourself.
- 2. Rewrite your own programing. Decide why..
- 3. Replace your choices. Water, tea, etc.

Hope you enjoyed this summary. CMC

Elders

Mike Dove - (915) 822-2419 Abel Hernandez - (915) 449-1546 Ray Rivera - (915) 592-8930

Deacons

Enrique Carrillo, Samuel Hooper, Alberto Morales, Venson Oliver, Lorenzo Porras, Bob Walker,

Minister

Charles Clodfelter - (915) 433-4227

Church of Christ in Eastwood

Office - (915) 593-2772 Español - (915) 593-2880 (Monday - Friday, 8:00 A.M. to 5:00 P.M.) Fax - (915) 593-2775

E-mail: coceastwood@gmail.com Website: www.eastwoodchurchofchrist.org

Our Records

January 15, 2023

Morning Worship – 86 Wednesday - 17

Regular Offering: \$6771.00

Year to Date

Week

Year to Date

Baptisms - 0 Identification - 0 Year to Date - 7 Year to Date - 0

Can Contribute on-line at www.eastwoodchurchofchrist.org

TIME VALUE

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In Our Prayers

OUR FAMILY

Enrique Carrillo - Has returned Jan 8. the next week will have spine surgery in Juarez, Mx, prayers for Surgery... Virginia & Hershel Honea - Has recovered Covid, thank you for prayers.

Alberto Morales - Prayers for no dizziness & better sugar

Carol Navar - Prayers for immune system improvement, last 2 1/2 months low 2.4 need to be at 4 to attend church. Johnnie Roberson - is suffering with severe arthritis and in his neck. Scheduled to get a shot on January 6. Please keep him in your prayers...

Amanda Thomas - Prayers request that she will trust God more during the rough times also in the good times as

Venson Oliver - prayers for swift healing from knee surgery January 17

SHUT-INS

Mike Baron - Is on dialysis, prayers Teresa Dalke - Prayers for stronger immune system Christine Hooper - home and recuperating Rudy Ramon--prayers for health issues...

Our Extended Family

Amanda Buckley -(Chuck Buckley's daughter) lives in Wichata, Kansas and has not recovered from Covid, due to Covid she lost her job, has 2 boys having a tough time. Please have her in your prayers.... Send cards to Amanda Buckley, 5050 North Maize Rd Apt 811, Maize, Kansas 67101...

Mary Cordero - Prayers for full recovery from cough... Wendy McConnell - Our condolences to Wendy for the death of her mom Pat Holden. No services pending. Please send cards to Wendy & family, 11805 Prado Del Sol, El Paso, TX 79936....

A. Marcos Morales - (Alberto & Cristina Morales son) prayer for relief from deep depression. Send cards to 801 Loretto, El Paso, TX 79903....

Pedro Moreno—(San Diego visitor) prayers for Pedro's family...

Riki Pinales - (former member Ina Pinale's oldest daughter). Needs prayer....

<u>Luna de Reyes de Ramos</u>– (visitor) feeling sick, prayers. Maria Salazar - (Our Community Neighbor) Maria is asking for prayers. She has been diagnosed with cancer... Ralph & Lucy SanMiguel - (Mark Enriquez cousins) cousins from Comfort, Texas. Prayers for better health. Gloria Sanchez - (Former member) Had a stroke and in rehab. Thank you for prayers... Please remember in prayers the military in harms way. Please call the office to update our prayer list. Names not updated 4 weeks will be dropped.